National Karate

Director: Ms. Christa Boone

Effective 06/03/24

Albertville Might for Right!

763-355-9887 albertville@nationalkarate.com 5703 Lachman Ave NE Albertville, MN 55301

					Al	bertville, MN 55.
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Tiny Tots	Ages 3-4		
Tiny Tots	5:00pm		4:30pm			10:30am
<u>.</u>			Children A	Ages 5-7		
No / White Belt		5:00pm		6:15pm		10:00am
Gold Stripe		5:30pm		4:30pm		10:00am
Green Stripe	4:30pm*		5:00pm		5:00pm	
Purple & Up	4:30pm*		5:00pm		5:00pm	
			Youth Ag	es 7-12		
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No / White Belt	j	6:00pm		6:45pm	j	9:30am
Gold Belt	5:30pm	, ,		5:45pm	4:30pm	9:30am
Green Belt	6:00pm*		6:00pm		4:30pm	9:00am
Purple Belt	6:00pm*	6:30pm	·	5:00pm		9:00am
Blue Belt	6:45pm*	6:30pm		5:00pm	5:30pm***	
Red Belt	6:45pm*		6:30pm		6:00pm	11:00am
Brown Belt	6:45pm*		7:15pm		6:00pm	11:00am
Blk Str/Dbl Blk	6:45pm*		7:15pm		6:45pm	11:00am
Black Belt	6:45pm*	8:00pm		8:00pm	6:45pm	
			Summer Da	v Classes		
5-12 Blue & below		11:30am				
13 & up/Red & up		12:00noon				
<u> </u>			Family	Class		•
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Class		<u> </u>	5:30pm			Í
			Teen & Adult Ev	ening Classes		
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No / White Belt		7:15pm		7:15pm		8:15am
Gold Belt	7:30pm*	7:15pm	8:00pm**	7:15pm		8:15am
Green Belt	7:30pm*	7:15pm	8:00pm**	7:15pm		8:15am
Purple Belt	7:30pm*	7:15pm	8:00pm**	7:15pm		8:15am
Blue Belt	7:30pm*	7:15pm	8:00pm**	7:15pm	5:30pm***	8:15am
Red Belt	7:30pm*		6:30 & 8:00pm**		6:00pm	8:15am/11:00ai
Brown Belt	7:30pm*		7:15 & 8:00pm**		6:00pm	8:15am/11:00a
Blk Str/Dbl Blk	7:30pm*		7:15 & 8:00pm**		6:45pm	8:15am/11:00a
Black Belt	7:30pm*	8:00pm		8:00pm	6:45pm	

*Sparring

**18 and up, under black belt sparring

***Bo Skills

Private Lessons Available by Appointment